

Game Addendums 2026
Addendum Five

Women One
Senior Women Division



Players age at the start of the season (on the [first] 1st September)

Cannot be aged 14 years old or below	! Can be aged 15 years old with Board approval	! ! Can be aged 16 years old with Board approval	Can be aged 17 years old or older
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**Performance Licence holders
Players in Senior National League**

This division allows Senior National League players; those holding a **Performance** licence, regardless of their age - within the criteria above, participating in this division.

Exemption Requests

This division does not except requests for playing up or down outside the criteria above.

5 You can go to this game with 5 players

Scheduling fixtures for this competition

Scheduling regular home fixtures should be between the time slots given below. Rearrangements can be agreed outside of these times with the approval of the opposition and if required the YBL.

	Earliest tip time	Latest tip time
Friday	19:00	20:15
Saturday	10:00	19:00
Sunday	10:00	18:00
Monday	19:00	20:15
Tuesday	19:00	20:15
Wednesday	19:00	20:15
Wednesday	19:00	20:15

Game play for this competition



Zone defence is allowed in this competition



Full court press is allowed throughout

LIVE SCORING

This division is to be Live Scored



1

Minimum number of Coaches per-game

10:00
Minute Quarters

5:00
Minute Overtime

STOP-CLOCK

STOP-CLOCK



Time-outs

2

First half
Second half

YES



Substitutions

YES



Size
6
basketball